



Where are YOU on your Next Chapter Voyage?

Answer the following questions to discover where you are on your journey to your next chapter. Choose (circle) the answer that resonates most with you.

1. What best describes your current feeling about the future?

- A. Overwhelmed and uncertain
- B. Curious but cautious
- C. Excited and ready to explore
- D. Content and reflective

2. How do you typically approach new opportunities?

- A. With hesitation and fear of failure
- B. After careful planning and research
- C. With enthusiasm and a willingness to try
- D. By evaluating how they fit with my current goals

3. What is your preferred way to recharge and find inspiration?

- A. Seeking comfort in familiar routines
- B. Reading and learning new things
- C. Traveling and experiencing new cultures
- D. Spending time in peaceful reflection

4. How comfortable are you with stepping outside of your comfort zone?

- A. I avoid it whenever possible.
- B. I do it when necessary, but with some anxiety.
- C. I embrace it as a chance for growth.
- D. I carefully consider the risks and rewards.

5. What role does creativity play in your life right now?

- A. I don't feel very creative at the moment.
- B. I enjoy creative activities as a hobby.
- C. I am actively pursuing creative projects.
- D. I find creative solutions to everyday challenges.

6. How do you define success in this phase of your life?

- A. Maintaining stability and security
- B. Achieving specific goals and milestones
- C. Experiencing personal growth and fulfillment
- D. Contributing to the well-being of others



Record your answers

A: ____ B: ____ C: ____ D: ____ Most Frequent Answer: ____



Where are YOU on your Next Chapter Voyage?

Where you are now



Mostly A's: Storm Bay

You're currently navigating turbulent waters. It's a time of uncertainty and perhaps some fear. Focus on finding stability and seeking support. Remember that storms don't last forever.



Mostly B's: Lighthouse Lookout

You're taking a careful and considered approach to your next chapter. You are gathering information and planning your route. Trust your instincts; don't be afraid to take the next step when you feel ready.



Mostly C's: Windward Strait

You're embracing the journey with enthusiasm and a sense of adventure! You're open to new experiences and willing to take risks. Enjoy the ride and trust that you're on the right course.



Mostly D's: My Harbour

You've found a place of contentment and peace in this phase of your life. You are reflecting on your journey and appreciating the present moment. Continue to nurture your well-being and share your wisdom with others.

Want Personalized Support?

We've created tools, coaching, and community to guide you no matter what stage you're in. Join us in our private FaceBook group (coming soon). Watch on YouTube (coming soon).